

My Lockdown Activity Book

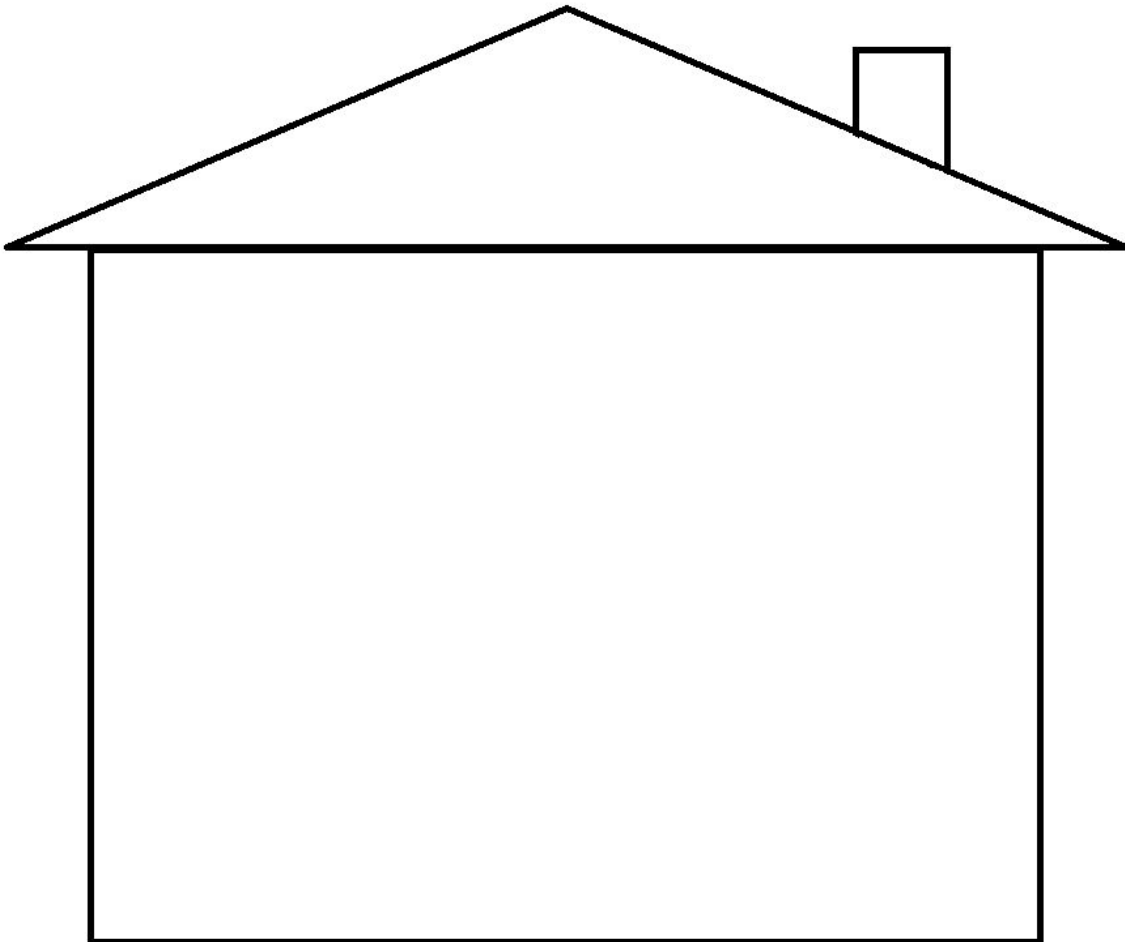
All About Me

Name:

Age:

Where you live:

Draw yourself with your family at home:

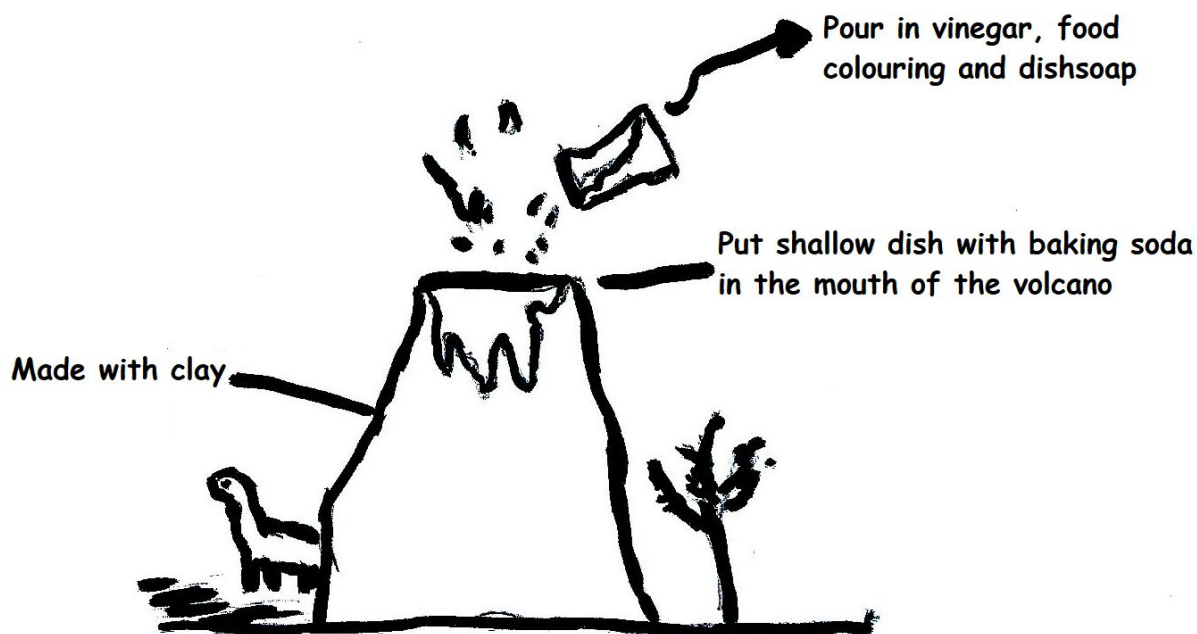


Erupting Volcano

Boom! Let's make an erupting volcano today.

What you'll need:

- Clay
- Dinosaurs (optional)
- 2 tablespoons Baking Soda
- A shallow container
- Liquid dish soap
- $\frac{1}{4}$ cup vinegar
- 2 drops of red food colouring



SCIENCE ACTIVITY

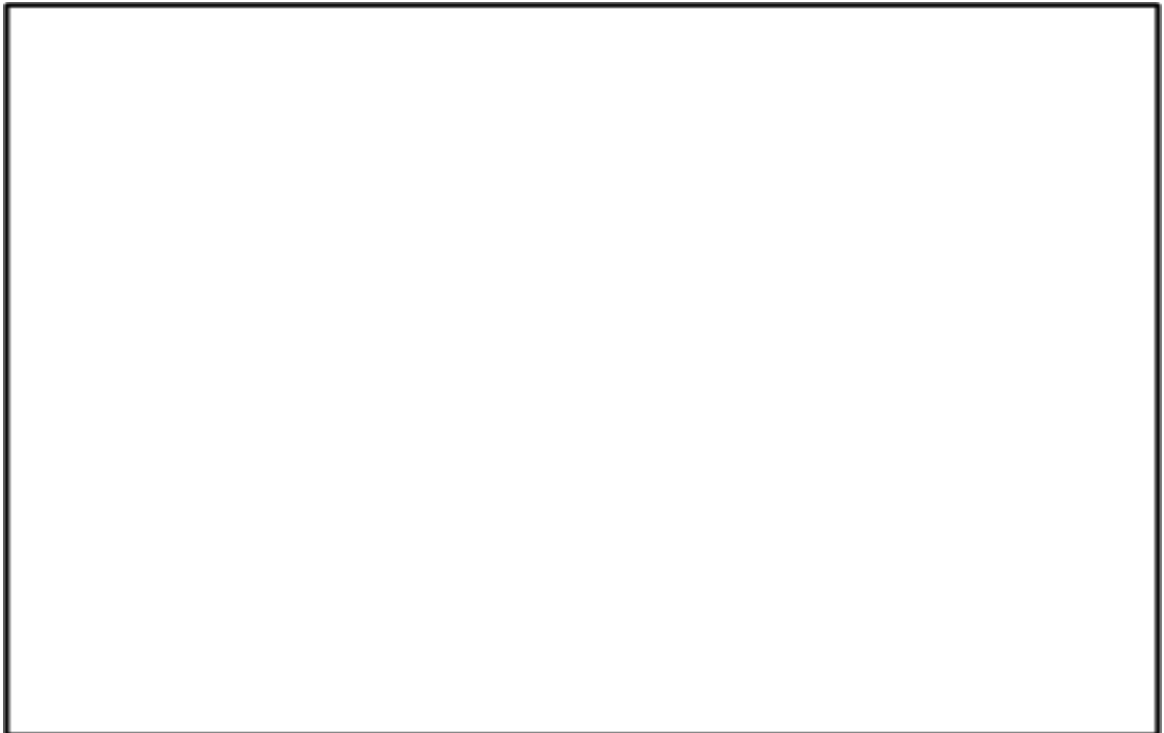
My Terrarium

What you'll need:

- Soil
- Seeds/Plants
- Water
- Pebbles
- Sand
- A plastic water bottle (cut in half) or an old fishbowl

Design your terrarium by putting sand on the bottom, soil in the middle and pebbles on top of that. You can use small plants or seeds.

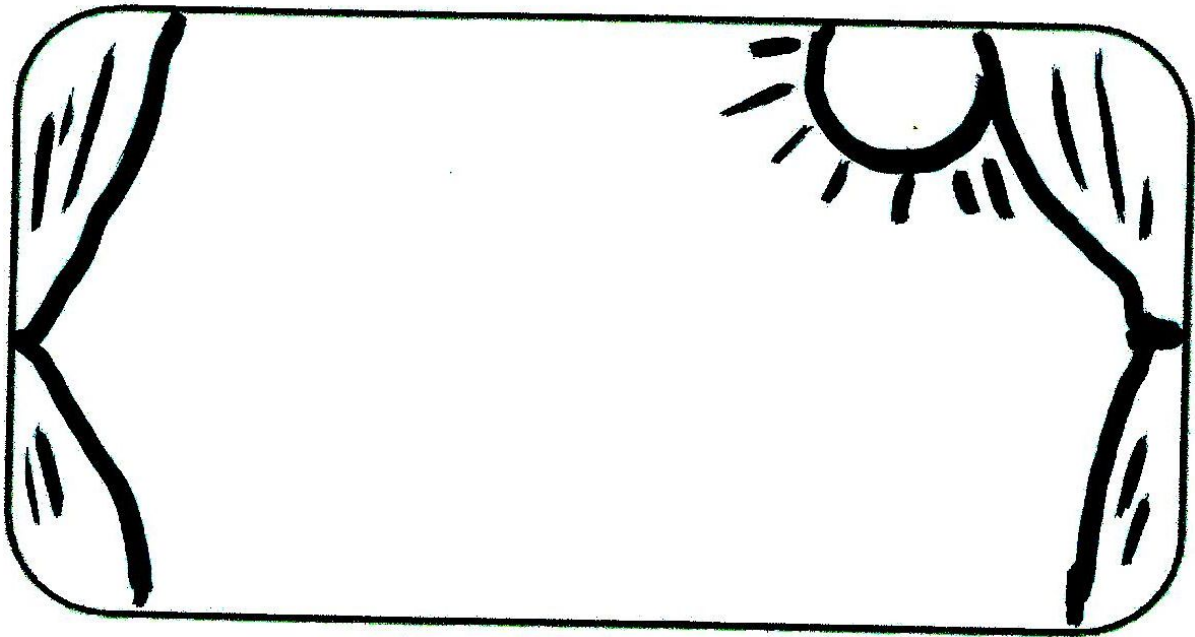
Draw what you see in the terrarium after 1 week?



SCIENCE ACTIVITY

Looking Outside My Window

Open the windows. Let the sun in! What do you see right outside your window? Draw the view and tell us what you see.

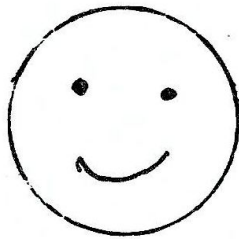


Outside my window, I see...

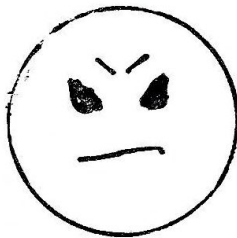
WRITING ACTIVITY

Today, I Feel...

What are you feeling today? Tell us why. Share how you feel with others in your home.



Happy



Angry



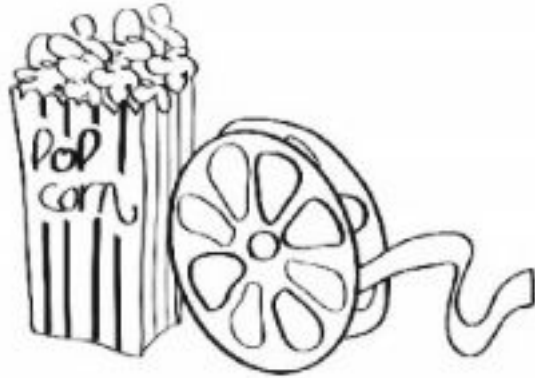
sad



worried

WRITING ACTIVITY

My Movie Review



Today, I watched:

I thought the movie was ...

I give it:



(Colour in your star rating)

WRITING ACTIVITY

A Letter to My Friend

Do you miss your friends? If you could see your friend now, what would you tell him / her? Let's write a letter you can give your friend when you see them again:

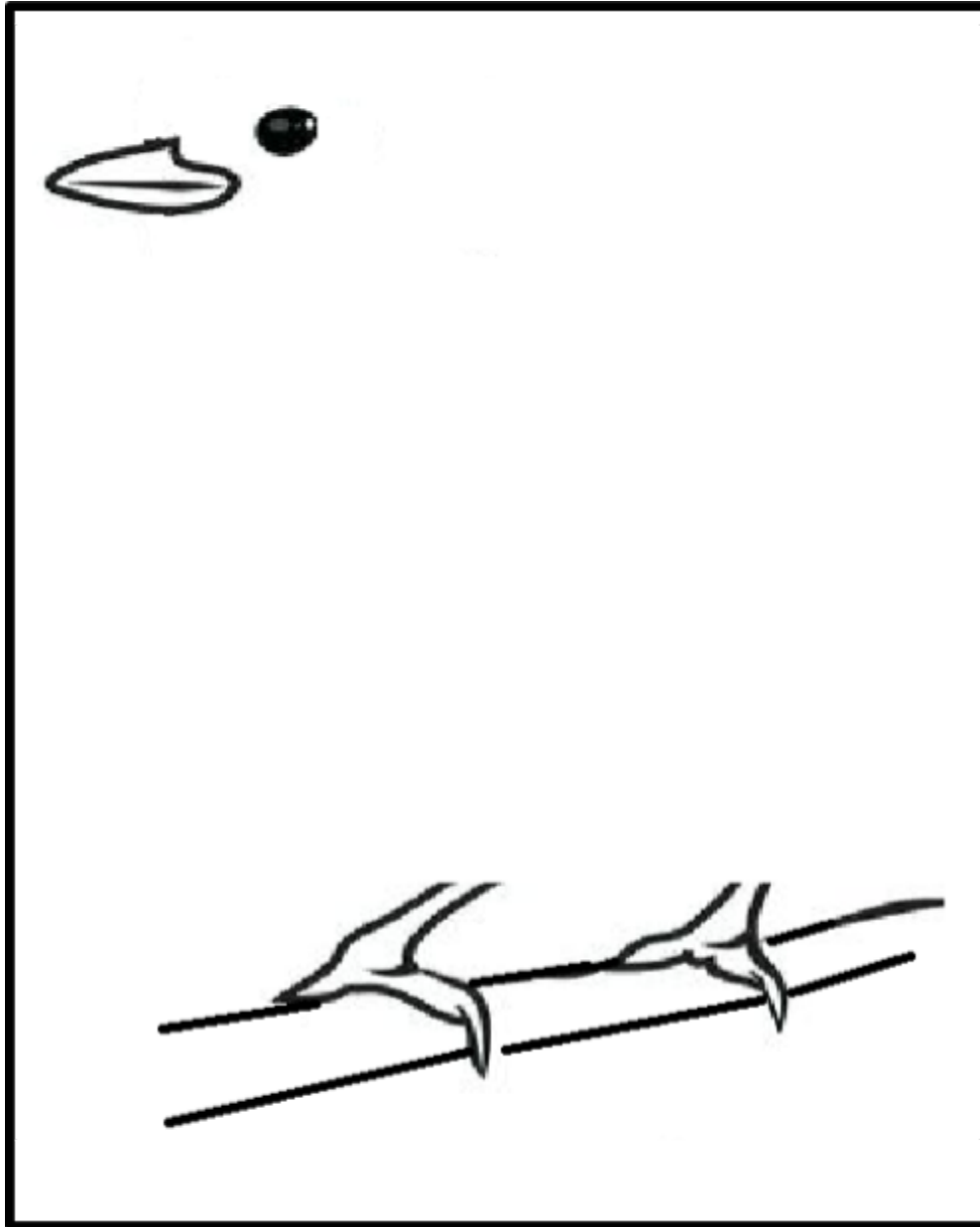
Draw your friend here:



WRITING ACTIVITY

Complete the Picture

What would your bird look like? Draw the body below. Give it colourful feathers.



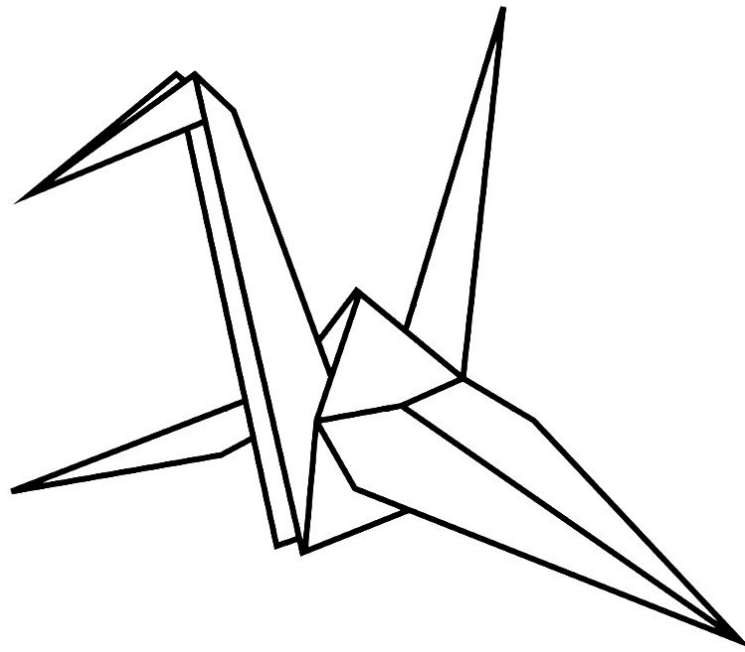
ART ACTIVITY

Make a Wish Come True

Origami or the art of paper folding has been around for a long time. It's a good way to pass the time. They say if you fold a thousand cranes, it can make a wish come true!

There are many videos and instructions on how to make a paper crane. We like this one from Instructables:

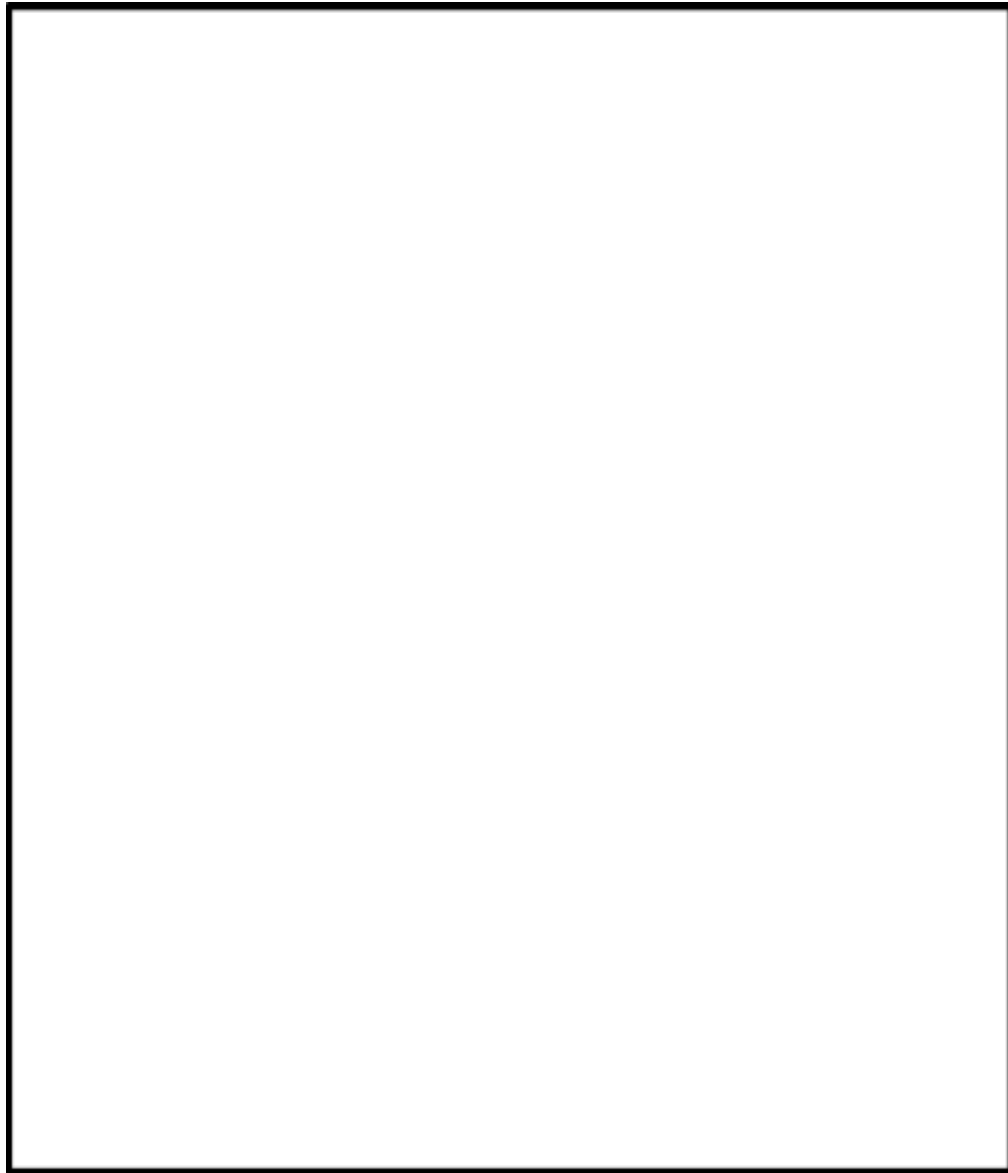
<https://www.instructables.com/id/How-to-make-a-Paper-Crane-1/>



ART ACTIVITY

My Pet Poster

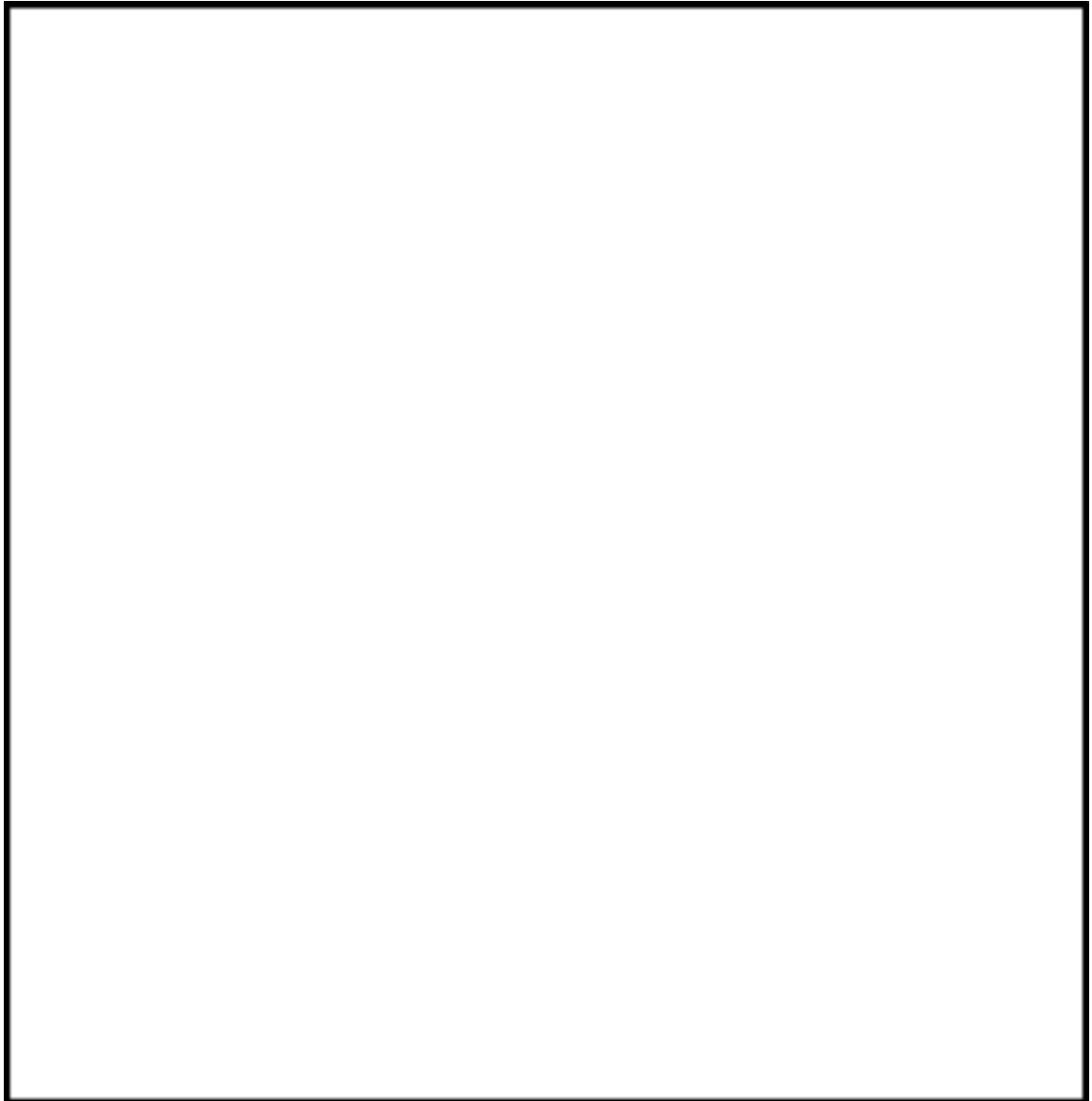
Do you have a pet? Create a poster you can share with people featuring your pet and 5 fun facts about it. If you don't have a pet, you can make a poster about your favourite animal.



ART ACTIVITY

Cloud Shapes

Let's go cloud watching! Do any of the clouds make cool shapes that look like other things? Draw what you see below:



ART ACTIVITY

My Special Recipe

What is your favourite dish? Do you know how to make it? Write the measurements for the ingredients below and instructions for cooking it.

Ingredients:

-
-
-
-
-

How to cook it:



Pizza Fractions

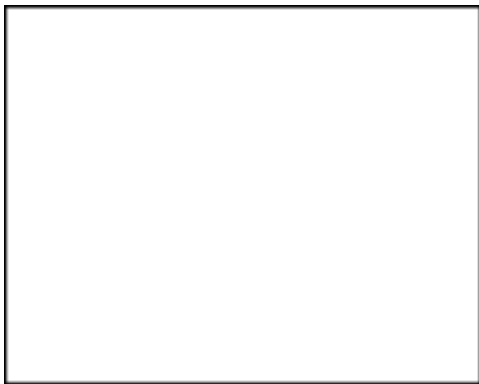
Can you make your own pizza? How much can you eat? Will you share it with your family? Draw the pizza below as you cut it into pieces to show the fractions:



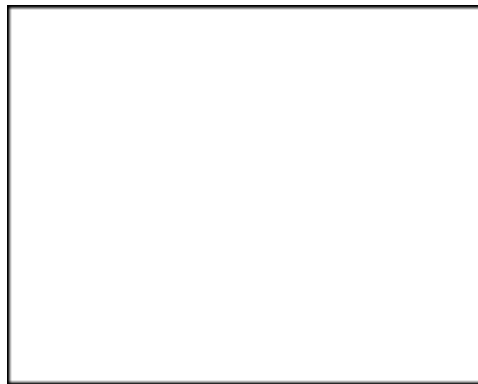
1 whole pizza



2 pizza halves ($\frac{1}{2}$)



Pizza cut into quarters ($\frac{1}{4}$)



Pizza cut into eights ($\frac{1}{8}$)

MATHEMATICS

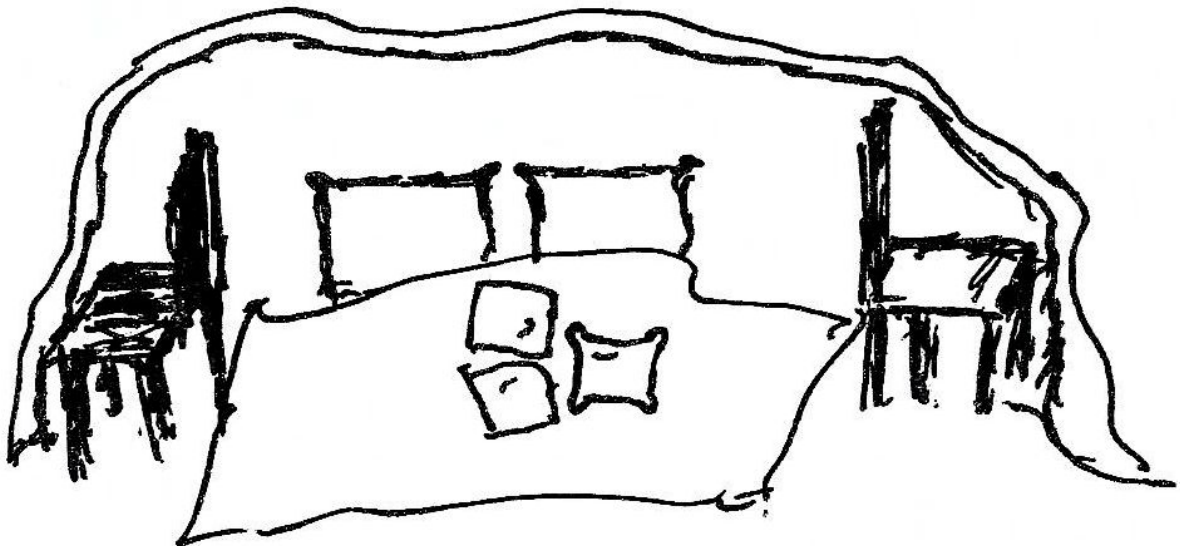
Let's Go Camping

When you're stuck at home during a lockdown, you can still have some camping fun. Ask your parents to set up the tent in the garden if you have one. If not, building a fort is a great way to enjoy camping right inside your home.

Don't forget your pillows, your books and board games. Do everything you usually do with your family when you're camping!

What you'll need to build a fort:

- 4 chairs
- A big blanket
- Another comfy blanket
- Pillows
- Clothes pins or heavy books



EXPLORE INDOORS

Discover the World

Google Earth can let you see photos of different parts of the world right from your computer.



Here's how to do it:

- Go to <https://www.google.com/earth/>
- Click on Launch Earth
- Click on Search Google Earth to find places you want to explore
- Click on Voyager for some places that are specially themed.
- Enjoy exploring the world!

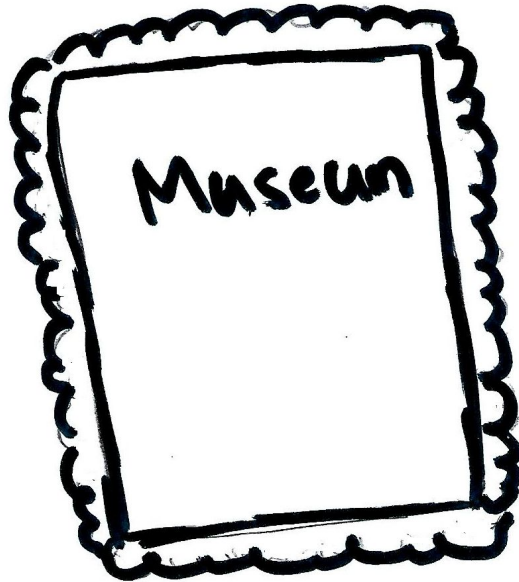
Launch Earth



EXPLORE INDOORS

Visit a Museum

Do you love art? Have you seen the Mona Lisa? There are thousands of beautiful paintings around the world that you can look at from your computer.



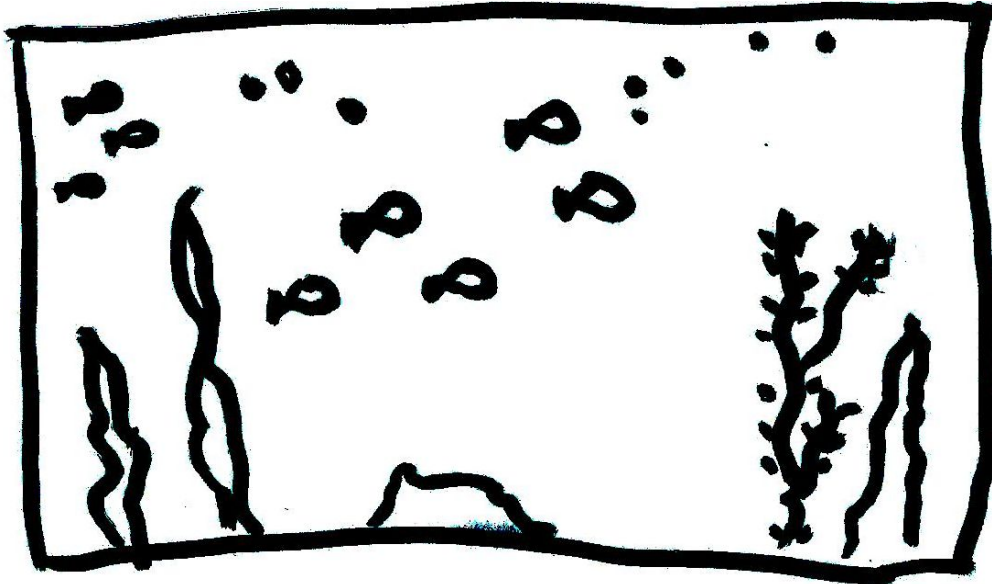
Here's how to do it:

- Go to [Google's Arts & Culture Page](#)
- Choose a museum you'd like to visit. There are some wonderful ones such as:
 - Musee d Orsay in Paris
 - Van Gogh Museum in Amsterdam
 - MoMa in New York
 - Many, many more to choose from
- Shhhh! Let's keep quiet and keep our hands to ourselves just like in a real museum.

EXPLORE INDOORS

Virtual Aquarium

Love fish? Some of the best aquariums in the world are sharing virtual tours so you can enjoy looking at their tanks from across the globe.



Here are a few links you can check:

- Dubai Aquarium and Underwater Zoo:
<https://www.thedubaiaquarium.com/en/Explore/virtual-tour.aspx>
- National Aquarium, Baltimore:
<https://aqua.org/media/virtualtours/baltimore/index.html>
- National Aquarium, Washington:
<https://aqua.org/media/virtualtours/washington/index.html>
- Adventure Aquarium:
<http://samuraivirtualtours.com/example/aaq/index.html>
- Seaworld Orlando:
<https://www.visitorlando.com/en/things-to-do/virtual-tours/seaworld-orlando>
- Georgia Aquarium:
<https://www.georgiaaquarium.org/webcam/ocean-voyager/>

EXPLORE INDOORS

A Day at the Zoo or Farm

Come with us on a virtual visit of a zoo or a farm to see how these animals are doing. Many zoos and farms around the world offer live cam views of pandas, giraffes, sheep farms and more.



Panda
Cam!

Take a peek here:

Houston Zoo: <https://www.houstonzoo.org/explore/webcams/>

Atlanta Zoo Panda Cam: <https://zooatlanta.org/panda-cam/>

San Diego Zoo: <https://kids.sandiegozoo.org/videos>

Farm Food 360: <https://www.farmfood360.ca/>

EXPLORE INDOORS

Thank you!

We hope your kids enjoyed this activity book.